

Want to make
the most of your
student
experience?

[WWW.TCD.IE/
STUDENTS/
SUPPORTS-
SERVICES](http://WWW.TCD.IE/STUDENTS/SUPPORTS-SERVICES)

**Administrative
Support**

**Health and
Wellbeing
Support**

**Academic
Support**

Here to
help!

**Getting
Involved**

**Financial
Support**



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Supporting your student experience

Want to do better in your assignments?

WWW.TCD.IE/STUDENTS/SUPPORTS-SERVICES



Want to keep yourself well while you're studying?

WWW.TCD.IE/STUDENTS/SUPPORTS-SERVICES

Student Counselling

Mindfulness Monday
Wellbeing Wednesday
Support Groups
Counselling

Health Centre

GP service
Nurses
Physiotherapist
Emergency Clinics

Sport

Gym
Fitness Classes
Personal Trainers
Swimming Pool

Here to help!

Healthy Trinity

Healthy Eating
Smarter Travel
Sexual Health
Healthy habits

Chaplaincy

Christian Services
Prayer Rooms
Free lunch!

Student2 Student

Peer mentoring
Peer support

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Want to get
involved outside
the classroom?

[WWW.TCD.IE/
STUDENTS/
SUPPORTS-
SERVICES](http://WWW.TCD.IE/STUDENTS/SUPPORTS-SERVICES)

**Students'
Union**

Sabbatical Officers
Class Reps
Campaigns

Societies

120 Societies

Clubs

50 Sports Clubs

Here to
help!

Volunteering

Entrepreneurship

Global Room

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Having cashflow problems?

WWW.TCD.IE/STUDENTS/SUPPORTS-SERVICES



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Supports and Services in College

<http://www.tcd.ie/students/supports-services/>

Academic Support

Student Learning Development	http://student-learning.tcd.ie/
The Library	http://www.tcd.ie/library/
Maths Help Room	http://maths.tcd.ie/outreach/helproom/
Undergraduate Programming Centre	http://www.scss.tcd.ie/misc/psc/
Language Learning Centre	http://www.tcd.ie/slscs/clcs/lhc/
English for Academic Purposes	http://www.tcd.ie/slscs/english/in-sessional.php
Disability Service	http://www.tcd.ie/disability/
Careers Service	http://www.tcd.ie/Careers/

Health and Wellbeing Support

Student Counselling	http://www.tcd.ie/Student_Counselling/
Health Centre	http://www.tcd.ie/collegehealth/
Sport	http://www.tcd.ie/Sport/
Healthy Trinity	http://www.tcd.ie/healthytrinity/
Student2Student	http://student2student.tcd.ie/
Chaplaincy	http://www.tcd.ie/Chaplaincy/

Getting Involved

Students' Union	http://www.tcdsu.org/
Graduate Students' Union	http://www.tcdgsu.ie/
Clubs	http://www.tcd.ie/Sport/student-sport/
Societies	http://trinitysocieties.ie/
Volunteering	http://www.tcd.ie/civicengagement/
Entrepreneurship/Tangent	http://www.tcd.ie/tangent/
Global Room	http://www.tcd.ie/study/international/trinity-life/global-room/

Financial Support

Senior Tutor's Office	http://www.tcd.ie/seniortutor/students/undergraduate/financial-assistance/
Students' Union Welfare Loans	http://www.tcdsu.org/welfare/
Bursaries/Prizes (Undergraduate)	http://www.tcd.ie/calendar/undergraduate-studies/prizes-and-other-awards.pdf
Bursaries/Prizes (Postgraduate)	https://www.tcd.ie/calendar/graduate-studies-higher-degrees/complete-part-III.pdf
Exhibitions	http://www.tcd.ie/calendar/undergraduate-studies/entrance-awards.pdf
Scholarships	http://www.tcd.ie/study/undergraduate/scholarships-funding/

*Remember, you can ask your Tutor for advice and guidance about anything and they will point you in the right direction

Administrative Support

Your Tutor	http://www.tcd.ie/seniortutor/
Postgraduate Advisory Service	http://www.tcd.ie/seniortutor/students/postgraduate/
Academic Registry	http://www.tcd.ie/academicregistry/

Your Tutor

All registered full-degree undergraduate students are allocated a Tutor when starting in College. Your Tutor is a member of the academic staff who is appointed to look after the general welfare and development of all students in their care.

You should see your Tutor whenever you have a question or are worried or concerned about any aspect of College life or your personal life, in particular if it is affecting your academic work. Everything you say to your Tutor is in strict confidence. Unless you give them permission to do so, they will not give any information to anybody else, whether inside College or outside (not to your parents/family for example). Your Tutor can help you only if they know you are facing difficulties, so if you are worried about anything go and see your Tutor before things get out of hand. Whilst your Tutor may not be able to solve the underlying problem, they can help you find the best way to limit the impact of your situation on your College work. Tutors can help with **academic advice, changing course, withdrawing from College, exam regulations, financial assistance and personal advice.**

Postgraduate Advisory Service

The Postgraduate Advisory Service offers free, independent, and confidential support, guidance and advocacy to registered postgraduate students. They are here to provide support on any matter that may impact upon your time as a postgraduate at Trinity.

Some of the most common issues students come to PAS to discuss include: study-related stress or worry; concerns about academic progress; supervisor-relationship concerns; extensions and going off-books; queries regarding regulations and academic appeals; bullying; plagiarism and disciplinary cases, financial assistance.

Academic Registry

