S2S
Student2Student

Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

S2S Head Mentor Training
Welcome to head mentor training for 24/25!

Remember to sign in!

Pssst...the sheet is by the tea and coffee

FIRE SAFETY

For this to be an accountable space…

- Scan the QR code below

- Anonymously post what you would need for this to be an accountable space

Accountable Space Guidelines ✓

Places an equal amount of onus for all to behave equitably and inclusively **to foster a deeper understanding of diverse lived experiences in REAL-TIME.**

Creates a **REAL-TIME opportunity for EVERYONE** in the discussion to challenge the conditions that are oppressing marginalized communities by demonstrating accountable and equitable behaviours and actions.

Intent and impact are rooted within accountability to promote actions, thoughts, and behaviours that are equitable and inclusive of marginalized communities.

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Join the Vevox session

Go to **vevox.app**

Enter the session ID: **111-127-329**

Or scan the QR code

The Goal of Head Mentoring

Connection

Responsibility

First Point of Call

Insight

Committee Liason

Complaints

Weekly

Send weekly email to mentors

Checking emails from mentors

Checking in with mentors not enaging

Handle any questions, complaints or issues

Monthly

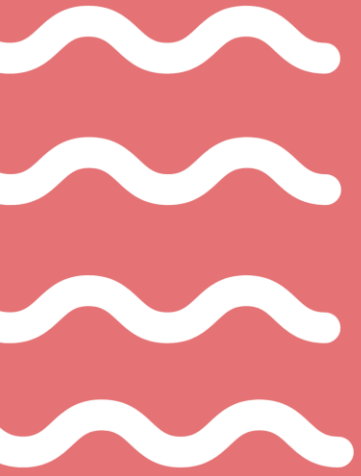Attend monthly meetings with S2S Office

Organise 2-3 mentor meet-ups per term

Organise one faculty event per term (mentor & mentees)

Liase with class reps and committee faculty reps

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Time for an Icebreaker

Orientation

- Campus tour
- Library tour
- FAQ/Ice Breaker Session

As a Head Mentor you will:

- Help check in mentors
- Fill in if a mentor is absent
- Help run an orientation session
- Help mentees find their group
- Answer mentor questions
- KEEP NOTES

Think back to when you started as a mentor…

Head to vevox

- Submit questions you had when you became a mentor

- As a group upvote your top question

Organising Events

Mentors want more engagement with Head Mentors

"**Maybe more detailed emails and quicker response times from the head mentors**"

"**I think the biggest change is more interaction from the head mentors. I emailed mine multiple times throughout the year and never received a response**"

Main events for you to organise:

- **Meet your Mentors**

- **Orientation Debrief**

- **Hilary Term re-meet your Mentors**

- **School event (both semesters)**

Dates for the calendar

- **Hoodie Collection Event: 6th September**

- **Current students term starts: 9th September**

- **Orientation Week: 16th-20th September**

Event Planning

- Get into groups of 3 (with your Head Mentor buddies if possible)

- You are to plan your first meet up with your mentors

- By the end of your discussion, you're to decide a date, possible location, activity, delegate tasks.

- Present event idea to group

EVENT PLANNING

What is the event?	
Note 3 ideas for making sure everyone has an opportunity to talk/engage with other people during your event	1. 2. 3.
Note 2 ideas for making sure that no one who comes is left alone / feels left out	1. 2. 3.
How will you encourage input, even from shy members of the group?	
How will you counteract these common reasons for not attending?	
Not enough notice	
Wasn't invited	
Organised at the wrong time	
Not aware of anything being organised	
How much time do you need to plan, organise and advertise this event?	
How long before the event should you send your first notification/invitation?	
What support will you need from your Head Mentors / S2S Committee/ S2S Office?	

What is the best way to communicate with your mentors?

**Time for a break
See you in 10 mins!**

Listening tips

- Body language
- Eye contact
- Distractions
- Time
- Poor advice
- Sympathy vs Empathy

Active listening

- Reflection – "you're an alien"
- Paraphrase - "You're from another planet"
- Summarise – "So you're under financial pressure, but worried about whether you need a work permit to get a job"

- Open question?
- Closed question?
- Hypothetical question?
- Leading question?
- Judgemental question?
- Inappropriate question?

Goals

What is the Mentor's ideal outcome - what do they really want?

Reality

What is the current situation? Get a really good feel what's actually going on!

Obstacles

What's in the way? Is there something that could stop them from achieving their goal.

Will

How will the Mentor get from Reality to Goal, overcoming the obstacles?

1. A mentor mentions to you that they haven't seen or heard from their mentor buddy in a while. You ask them if they need a standby mentor but they're worried as their original buddy is a good friend and somebody they asked to work with. They know their buddy is just really busy with coursework but you get the sense that if this mentor is left on their own they won't be able to support their group.

2. A mentor you usually see around and at meet-ups hasn't been in touch for a little while. You send them an email to check in and they tell you in response that their group has not been active at all and so they don't really see the point in mentoring any more.

3. A mentor pair approach you to ask if they should stand down as mentors for their group. The group is one small class and the JF class rep is a repeat student who is encouraging everyone to come to them with questions, and making it very clear that they don't think mentors are necessary.
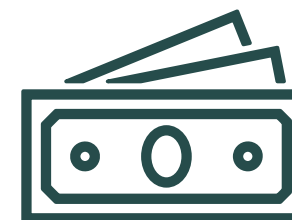
4. Four mentors from your area contact you because they're keen to take their combined groups to the cinema and want to know if there's any money available from the S2S Committee or the service to pay for entry, transport etc.

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Encouraging your Mentors

Mentees get involved in the beginning but start to drop off and stop showing up

→

Mentors begin to become discouraged and stop organising events and emailing

→

Head Mentors become discouraged because Mentors stop responding or attending events

→

S2S Staff see a drop in attendance and involvement in monthly meetings from Head Mentors

Monthly Meetings

- Head Mentors attend monthly meetings during term time
- Mandatory meetings for everyone
- 3 main roles in meeting: facilitator, minute taker, time keeper.

- Practise monthly meeting in group
- Agenda item: Low engagement from Mentors
- Context for time of year: it's the end of February coming up to reading week, S2S award Ceremony is in April, Head Mentor and Mentor recruitment is about to open.

Boundaries

- You are also students, protect your personal time

- Meet them 9-4 and choose a public place.

- Don't take on a disciplinary role

- Don't go out of pocket on anything

- You're not expected to be friends with the Mentors, just friendly

- Refer if necessary. The S2S team are always here to help.

- Don't miss meetings!

In case of emergency

Ralph: **astleyr@tcd.ie**
Emergencies:
085 7833 548

Logging on Odyssey

Homework for the summer

- With your Head Mentor Buddies, plan your first meet-up with your Mentors

- Can use what was discussed previously as starting point

- Send in your event plan to S2S by 28th August

- Part of training so training won't be complete till plan is sent in

- Plan should show overall event plan, location, date & time and clear list of tasks completed by group.