Student Healthcare

in Northern Ireland

Registering with a doctor (GP)

A UK student visa entitles you to use of the health service while you are in the UK. We

recommend you register with a GP practice at the start of your studies in case you need

healthcare during your stay.

Telephone the doctor's surgery in your area (see list below) to make an appointment to

register and to find out which documents you need to bring. You may like to bring a list of

your medications with you.

Once registered, to get an appointment, phone first thing in the morning, from 8.30am, and

you will be put on a list to receive a call from the doctor. If the doctor decides you need to

be seen, you will be offered an in-person appointment. More information on services.

List of GP practices

University Health Centre at Queens

7 University Terrace, Elmwood Ave, Belfast BT7 1NP

Tel: 028 9066 4634 – A student friendly service but very busy. Dunluce is also an option for

South Belfast.

**Dunluce Health Centre** 

1 Dunluce Avenue, Lisburn Road, Belfast

Tel: 028 9020 4248

Ormeau Park Surgery

281 Ormeau Road, Belfast, BT7 3GG

Tel: 028 9064 2914

The Carrick Hill Medical Centre

1 Carrick Hill, Belfast, BT1 2JR (for students living in city centre)

Tel: 028 9026 8080

# In an emergency

In case of emergency call 999 (ambulance, fire service and police). Accident and Emergency units are located at the Royal Victoria Hospital, Falls Road, West Belfast and at the Mater Hospital, Crumlin Road, North Belfast. More on emergency services. For dental emergencies either contact your dentist if you are registered with one or call: 028 2566 3510 (weekends and evenings). Visit emergency dental services for further information.

# Mental health resources

### **Student Counselling Service**

Phone: 00353 1 896 1407

To book an initial SNAP (Support & Needs, Assessment & Planning) appointment online visit

Student Counselling website

Or email <a href="mailto:student-counselling@tcd.ie">student-counselling@tcd.ie</a>

Counselling is available online and by phone.

See also <u>full list of student support services</u>

## 24/7 Helplines in Northern Ireland

LIFELINE

Tel: 0808 808 8000 <u>Lifeline website</u>

THE SAMARITANS

Free call 116 123 from any phone.

Samaritans website

### **Useful Links**

Minding Your Head website
Steps for Stress

### COVID advice

<u>NIDirect</u> – advice on staying well and preventing the spread of covid and other respiratory infections.