Module Details for GLOBAL MENTAL HEALTH

Current Record

PSU34810

Module Code

Module Name

GLOBAL MENTAL HEALTH

Module Short

Title

ECTS 5 weighting

Semester/term Hilary

taught

Contact Hours

One semester: 11 lectures; 114 hours independent study

Dr. Tania Bosqui

Module

Personnel Dr. Frederique Vallieres

On successful completion of this course, students will be able to:

Learning 1. Identify and explain competing theories in defining mental **Outcomes** health in a global context

- 2. Critically analyse the role of context and culture in the expression and identification of mental disorders
- 3. Evaluate responses to global mental health needs, in terms of the effectiveness, accessibility, and validity of Mental Health and Psychosocial Support (MHPSS) interventions
- 4. Evaluate responses to mental health care systems and policies at a national and international level
- 5. Discuss the ethical standards of research and practice with vulnerable populations and in low resource settings

This module offers an introduction to global mental health from a **Module** critical perspective, with a particular focus on contextual **Learning Aims** constructions of mental illness, mental health programming in low resource and humanitarian settings, and for marginalised populations. The course covers global differences in definitions and incidence of psychiatric disorders, the validity and effectiveness of mental health and psychosocial support (MHPSS) interventions, and the wider role of power and inequity in shaping national mental health policies and international guidelines. The

course draws heavily on real examples from practice and research on psychological therapy, psychosocial support, and policy.

Module Content

- 1. Disorders, diagnosis and prevalence
- 2. Culture, context and mental health
- Social determinants of mental health.
- 4. Poverty, inequality, and war
- 5. Child and adolescent mental health in emergencies
- 6. Gender and mental health in emergencies
- 7. Mental health and Psychosocial Support (MHPSS)
- 8. MHPSS Programming for humanitarian contexts
- 9. Integrating mental health care into health systems
- 10. Research and ethics for mental health
- 11. Policy and development agendas

Core text book: Patel, P., Minas, H., Cohen, A. & Prince, M. J. **Recommended** (2013). Global Mental Health: Principles and Practice. Oxford Reading List University Press. ISBN: 9780199920181.

> Additional weekly up-to-date primary reading will be assigned for each topic by the lecturer.

Module Pre Requisite

Module Co Requisite

A written assignment in which the student will be asked to develop **Assessment** a global mental health intervention or project that tackles an **Details** identified problem or challenge in the field (such as the psychosocial distress of populations on the move, gender-based violence, or the sustainability of mental health services during humanitarian responses). The assignment will include 3 components reflecting learning outcomes 1) a critical analysis of the presenting problem, incidence and impact, 2) an evaluation of the existing-evidence-base for interventions, systems and policies and 3) recommendations for an intervention that addresses (1) and reflects (2) with consideration for humanitarian and psychological ethical principles. The assignment will be graded on a) the synthesising of up-to-date peer-reviewed literature, b) critical analysis, c) innovation, and d) theory-practice linking.

Module Website

Module approval date Approved By

Academic Start Year

Academic Year of Data