



New Service Available

National Intellectual Disability Memory Service

The National Intellectual Disability Memory Service is committed to improving the early detection of dementia in people with an intellectual disability and offering post-diagnostic supports.

People with an intellectual disability, particularly people with Down syndrome, are at increased risk of developing dementia as they age. Diagnosis is complex, but having an accurate diagnosis is important so that people can receive the type of post-diagnostic supports that are appropriate to them.

This new service provides access to specialist assessment and comprehensive diagnostic workups. Our multidisciplinary team on-site includes a Consultant Geriatrician, Consultant Psychiatrist, Advanced Nurse Practitioner and Clinical Nurse Specialist.

This national service operates through a central coordinating Memory Clinic in Tallaght University Hospital. **While the service is free, a referral from your GP is required to access the service.**

"I know that dementia is a worry for people but having an accurate and timely diagnosis means that the person can get the support they need. There is so much we can now do to improve the well-being and quality of life for people living with dementia."

*Prof Mary McCarron
Executive Director*



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin



Tallaght
University
Hospital

An Academic Partner of Trinity College Dublin

Ospidéal
Ollscoile
Thamhlachta



Daughters of Charity
Disability Support Services



ciste na
gcuntas diomhaoin
the dormant
accounts fund



National
Dementia
Office



An Roinn Sláinte
Department of Health

With the support of



What the Service Offers

The National Intellectual Disability Memory Service can provide:

1. Support to people who are worried about memory loss problems and clarification about memory symptoms
2. Diagnosis, including differential diagnosis
3. Information on good brain health along with ways to improve and maintain it
4. Information on living well with dementia
5. Treatment information such as the use of anti-dementia drugs
6. If a diagnosis is established, this will be discussed with the person/carer in accordance with their wishes
7. A formal feedback report to the person's GP

A Visit to the Service

As part of a Comprehensive Assessment, the person may be offered some of the following:

- An initial telephone consultation and collateral history and general health profile
- The neuro-psychological assessment, which may involve a very brief investigation of memory, cognition and day-to-day functioning or, alternatively, may be quite in-depth, depending on level of intellectual disability
- Assessment of heart functioning (ECG)
- Assessment of general health functioning, including blood testing
- Assessment of brain function (CT Scan, MRI)

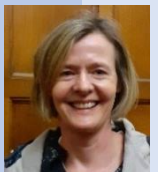
Any information collected feeds into the process of providing an accurate diagnosis of dementia.



Executive Director
Prof Mary McCarron



Clinical Director
Prof Sean Kennelly



Consultant Psychiatrist
Dr Janette Tyrrell



Advanced Nurse Practitioner
Evelyn Reilly



Clinical Nurse Specialist
Pamela Dunne



Clinical Administrator
Sharon Mulligan

National Intellectual Disability Memory Service
Simms Building, Tallaght University Hospital, Dublin 20

Phone: Sharon Mulligan at (01) 414 2577

Email: Sharon.Mulligan@tuh.ie